



# NEXT ERA

PERFORMANCE. RECOVERY. REHAB.

## PATIENT NAME

Legal First Name: \_\_\_\_\_ Legal Last Name: \_\_\_\_\_ MI: \_\_\_\_\_

(If Minor) Parent/Guardian Legal Name: \_\_\_\_\_ DOB: \_\_\_\_\_

## PATIENT DEMOGRAPHICS

Gender: (Circle One): **M / F** DOB: \_\_\_\_\_ Occupation: \_\_\_\_\_

Street Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Patient Phone #: \_\_\_\_\_ Patient Email: \_\_\_\_\_

Text Reminders: **Y / N**

Email Reminders: **Y / N**

Parent Phone #: \_\_\_\_\_ Parent Email: \_\_\_\_\_

Text Reminders: **Y / N**

Email Reminders: **Y / N**

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

## SCHOOL / CLUB INFORMATION

School / Club Name: \_\_\_\_\_ Coaches Name: \_\_\_\_\_

Coaches Contact: \_\_\_\_\_ May we contact your coach if needed? **Y / N**

## MLB / MiLB ORGANIZATION INFORMATION

Organization: \_\_\_\_\_ Injury Date: \_\_\_\_\_

Wellness/Performance: **Y / N**

Workers Comp: **Y / N**

Claim Information (If Applicable): \_\_\_\_\_

Rehab Coordinator / Trainer Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

## Next Era Physical Therapy

P: (480) 493-7859

6965 South Priest Drive #5

www.nexterapt.com

F: (720) 381-6868

Tempe, AZ 85283





## HISTORY

Exercise Frequency: \_\_\_\_\_ Exercise Type(s): \_\_\_\_\_

Do you smoke? **Y/ N** Have you ever smoked? **Y / N** How often? \_\_\_\_\_

Are you pregnant? \_\_\_\_\_ Do you have a Pacemaker? **Y/ N**

Allergies: \_\_\_\_\_

What medications are you currently using? \_\_\_\_\_

Previous complaints/surgeries: \_\_\_\_\_

Previous diagnoses/medications: \_\_\_\_\_

## COMPLAINTS

What is your major complaint? \_\_\_\_\_ Start Date: \_\_\_\_\_

Symptoms? \_\_\_\_\_ Possible Cause: \_\_\_\_\_

Previous doctors seen for complaint? \_\_\_\_\_

Previous treatment for complaint? \_\_\_\_\_

Symptom-Aggravating Factors: \_\_\_\_\_

Symptom-Relieving Factors: \_\_\_\_\_

Time of Day Symptoms Are Best: \_\_\_\_\_ Worst: \_\_\_\_\_

Current Duration of Pain (Check applied): \_\_\_\_\_ Intermittent \_\_\_\_\_ Constant \_\_\_\_\_ With Certain Moves

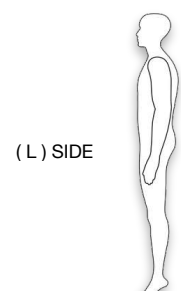
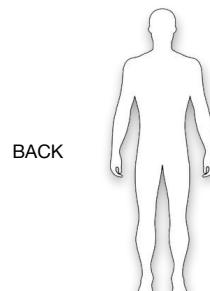
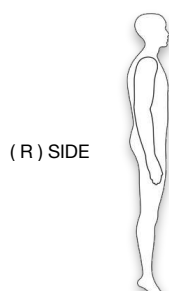
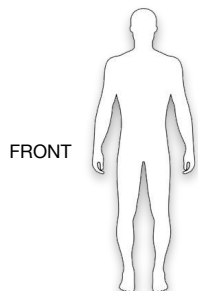
Current Level of Pain (Check applied): \_\_\_\_\_ Mild \_\_\_\_\_ Moderate \_\_\_\_\_ Severe \_\_\_\_\_ Excruciating

Is your pain getting better or worse? \_\_\_\_\_ Have you had this injury before? **Y / N**

## DO YOU HAVE ANY OF THE FOLLOWING TODAY? (Check all that apply)

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> AIDS/HIV            | <input type="checkbox"/> Anemia                  | <input type="checkbox"/> Angina                   | <input type="checkbox"/> Arteriosclerosis  |
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Blood Clots              | <input type="checkbox"/> Bone Infection    |
| <input type="checkbox"/> Chemical Dependency | <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Circulation Problems     | <input type="checkbox"/> Depression        |
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Epilepsy                | <input type="checkbox"/> Eye Infection            | <input type="checkbox"/> Heart Problems    |
| <input type="checkbox"/> Hemophilia          | <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Joint/Bone Infection     | <input type="checkbox"/> Liver Problems    |
| <input type="checkbox"/> Lung Issues         | <input type="checkbox"/> Multiple Sclerosis      | <input type="checkbox"/> Musculoskeletal Problems | <input type="checkbox"/> Pneumonia         |
| <input type="checkbox"/> Stroke              | <input type="checkbox"/> STD                     | <input type="checkbox"/> Tuberculosis             | <input type="checkbox"/> Urinary Infection |

## MARK AREAS OF DISCOMFORT





**ATTENDANCE POLICY**

Your adherence to the recommended number of treatments is a vital component of your progress with our services. We feel it is our duty to do everything within our power to emphasize the importance of your commitment.

**Reminder Emails/Texts/Calls:**

While we provide automated appointment reminders as a courtesy, ultimately, the responsibility for remembering your appointments is YOURS.

**Late Policy:**

If you are less than 15 minutes late and have called to warn us that you'll be late, you may complete the remaining time scheduled for your session, knowing that you will not receive a full session. If you are more than 15 minutes late and have not contacted our office, we hold the right to consider your appointment a "No-Show." As per the Cancellation/No-Show Policy, we reserve the right to charge a \$75 cancellation fee.

**Cancellation/No-Show Policy:**

As a professional courtesy to our office and our Doctors, **WE RESERVE THE RIGHT TO CHARGE A \$75 CANCELLATION FEE** If you cancel **WITH LESS THAN 24 HOURS** of your appointment. This is also a courtesy to patients who are on the waitlist who are needing to schedule appointments. While we understand that problems will arise, keeping your appointments is crucial to your ongoing care for the following reasons:

1. In order to help you achieve your goals, you must follow the plan prescribed by your Doctor of Physical Therapy
2. Physical Therapy is a process and it is difficult to maintain progress with poor attendance.
3. Poor attendance will likely result in extended treatment plans, effectively costing you more time and money.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_



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**FINANCIAL POLICY**

The following is the Next ERA Physical Therapy LLC financial policy. To ensure continuity of care that is not impacted by financial misinterpretations, Next ERA Physical Therapy LLC has firm guidelines on the preparation and handling of insurance claims. Therefore, we require that you read and sign this prior to treatment. Please do not hesitate to ask any questions.

Adults must accompany minors (anyone under 18 years of age) for the first visit to provide consent to treat, and are also responsible for payment of services during the duration of care.

**Billing Policy**

Next ERA Physical Therapy LLC will not submit claims on the patient’s behalf, rather we will provide you with an invoice for your date of service, and you may submit that invoice and receipt to your insurance company for reimbursement. We **MUST** know at the time of service if you wish to submit claims to your provider in order to generate the proper documentation.

**Payment Agreement**

It is our policy to maintain your account on a current basis. Charges for treatment are due at the time the service is provided unless otherwise deemed necessary and agreed upon in writing. If a Physical Therapy treatment package is selected, the package must be paid **IN FULL** at the time of the first visit. Physical Therapy treatment packages are valid for **ONE YEAR** from the date of purchase. Treatment packages are **NON-REFUNDABLE** for any unused visits.

It is our policy that if you should choose to suspend or terminate your care and treatment, any outstanding fees for professional services rendered to you will be immediately due and payable. If your account becomes delinquent, collection proceedings will occur and you will be charged a collection fee of \$250.00 for each month that you have a balance in collections. If your case goes to court, you will be responsible for any attorney fees and/or court costs incurred.

**I HAVE READ AND AGREE TO THE ABOVE DISCLOSURES AND AGREEMENTS.**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_



**TREATMENT PRICING**

**15 MINUTE CONSULTATION**

**No Charge**

- Discuss previous or current performance, recovery, and injury concerns.
- Develop an appropriate plan of care based on player specific goals.

**INITIAL EXAMINATION**

**\$169.00**

- Required for ALL PLANS.
- 60 Minute Evaluation: Orthopedic Evaluation, Functional Movement Assessment, Strength Testing.
- Full Manual Therapy Treatment: Dry Needling, IASTM, Manipulation, Manual Resistance Training.
- Programming: “A-Block” Management, Home Program, Load Management.
- **INCLUDES** 1-on-1 sit down with Strength & Performance Coach at PUSH Performance.

**30 MINUTE TREATMENT**

**\$129.00**

- Full Manual Therapy Treatment: Dry Needling, IASTM, Manipulation, Manual Resistance or BFR.
- Programming will be communicated through your PUSH Performance strength coach.

**60 MINUTE TREATMENT**

**\$169.00**

- Full Manual Therapy Treatment: Dry Needling, IASTM, Manipulation, Manual Resistance Training.
- Programming: “A-Block” Management, Home Program, Load Management.
- Blood Flow Restricting Training (BFR)

**TREATMENT PACKAGES**

30 Minute Treatment Plan - <b>5 PACK</b>	<b>\$599.00</b>
60 Minute Treatment Plan - <b>5 PACK</b>	<b>\$799.00</b>
30 Minute Treatment Plan - <b>10 PACK</b>	<b>\$999.00</b>
60 Minute Treatment Plan - <b>10 PACK</b>	<b>\$1,449.00</b>

*\* Force Plate Testing w/ PUSH Performance will be done after 5th visit.*

**I HAVE READ AND AGREE TO THE ABOVE DISCLOSURES AND AGREEMENTS.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**PRIVACY & SECURITY OF HEALTH INFORMATION**

The privacy of your medical information is important to us. We understand that your medical information is personal and we are committed to protecting it. This notice will tell you about the ways we may use and share medical information about you. We also describe your rights and certain duties we have regarding the use and disclosure of medical information.

**Legal Requirements:**

The law requires that we:

1. Keep your medical information private.
2. Give you notice describing our legal duties and privacy practices.
3. Notify you of any changes in our privacy practices.

**Treatment:**

We may use your medical information to provide you with medical treatment or other services related to your care. We may disclose your medical information to doctors, nurses, technicians or other healthcare providers that are directly involved in your care.

**Release of Medical Information; Acknowledgement of Understanding**

By signing below, I authorize the release of medical information necessary to my care, as determined by my physical therapist or other provider, to healthcare providers directly related to my care.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_



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**SOCIAL MEDIA & TESTIMONIAL RELEASE**

I, \_\_\_\_\_, hereby consent to allow Next ERA Physical Therapy LLC and its employees, agents, partners, and affiliates (collectively “Clinic”), to use my name, photograph, videotape/audiotape recording, and/or written testimonial (“Marketing Materials”) in Clinic’s marketing brochures, publications, and/or on their website and any social media accounts to promote the services offered by Clinic. I understand and agree that these Marketing Materials are owned by the Clinic and will not be returned to me.

I hereby release, hold harmless, and forever discharge the Clinic from any and all claims, demands, and causes of action which I have or may have by reason of this authorization.

Further, I hereby affirm that I have read this Consent to Likeness and Release, and I fully understand the content, meaning, and impact of this agreement. This agreement shall be binding upon me and my heirs, legal representatives and assigns.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_